

“Thanks to both of you for helping us communicate better and for helping my son set more realistic goals for college. I think he really wants to be successful this time. He's starting to meet other people to hang out and he's in a study group.” —Mother

“If we need to resume counseling in the future I will be calling you. We're both still working through our grief, we'll never be the same without (our loved one) but we're both moving forward with our lives.” —Widow

“I'd like to take this opportunity to say how much (my daughter) adores Janet. I notice her positive outlook on school and other life stressful situations after she meets with Janet. Thanks for everything, and thanks for making such a profound difference in (my daughter's) life in such the short amount of time you have to work with her. God Bless you both!” —Mother

“Thanks, Sandi, for the outstanding Ethics Workshop you presented for the Texoma Counseling Association in January 2009. We will look forward to scheduling you again for January 2010.”
—President, Texoma Counseling Association

“We appreciate knowing how to guide our children through (two traumatic incidents). We want to work through it now than for it to be buried or stifled & emerge again later on. Please let us know what steps we need to take in setting up more appointments for the boys. Thank you for walking us through this and for your time & assistance. You are appreciated!” —Family

“Play Therapy has definitely helped my four-year-old daughter work through the pain of a divorce and separation from her mother. She looks forward to meeting with Janet every other week and she is coming out of her shell.” —Father

“Our marriage could not have survived without your help, Sandi. Thanks for helping us learn to communicate again and be loving partners.” —Couple

“Dear Janet, U R the B-E-S-T Consuler <counselor> I have ever had!” —Youth

“Thank you to both of you!! I think (my daughter) is excited now. She seems to be more positive about things but is still having trouble leaving the house. I've suggested that when she checks things she count to five then walk off. Hopefully she will be able to learn to trust herself and not be so anxious.” —Mother

“Hello Sandra: Thanks for the assessment (screening for depression and treatment options). I have been wanting to ask (my daughter) if I should worry more than I am about her, also I do look forward to having a doctor look at her and talk with her. If she feels she is getting help and is benefiting by all means--whatever works for her I am willing to do.” —Mother